

TURNING POINT CAMDEN
15 EDWARD STREET, CAMDEN 2570
PANTRY DONATION SUGGESTIONS

**We support men, women and families who are experiencing food shortage.
This is a list of basic pantry items that has been compiled as a helpful guide.**

We gladly accept Woolworths, Coles, Coles Express or Aldi grocery gift cards that we can then provide for the purchase of meat/vegetables/dairy.

**WE ARE UNABLE TO ACCEPT: EXPIRED OR DAMAGED GOODS DUE TO HEALTH REGULATIONS/RAZORS
OR PRESSURE PACK CANS**

BREAKFAST	MEAT /FISH PRODUCTS	FRUIT - TINS	VEGETABLES contd.
Weetbix	Braised Steak & Onions 425g	Apricots	Creamed Corn
Cornflakes	Red Wine Beef Stew 425g	Peaches	Peas, Carrots & Corn
Rice Bubbles	Vegetables & Sausages 425g	Pears	Mushrooms
Coco Pops	Ham or Spam 340gm	Two Fruits	Beetroot
Special K	Corned Beef 340gm	Fruit Salad	Tomatoes
Muesli	Chicken Breast	Pineapple	Potatoes (tin)
Porridge	Tuna 95gm		
	Tuna medium	DESSERT	Salt (small)
Baked Beans 220gm tin	Tuna large	Custard Powder	White Pepper
Baked Beans 420gm tin	Salmon 105gm	Custard UHT 1 litre	
Spaghetti 220gm tin	Salmon medium	Jelly Crystals	TOILETRIES
Spaghetti 420gm tin	Salmon large	Rice Pudding	Toilet Paper
		Pancake Mix	Tissues - large box
DRINKS	PASTA	Packet Cake Mix	Hand Sanitiser
Tea Bags pack 50 or 100	Spaghetti 500gm	Maple Syrup	Shampoo
Coffee	Penne 500gm		Conditioner
UHT Milk Full Cream 1 litre	Spirals 500gm	SOUPS	Body Wash
UHT Milk Lite 1 litre	Shells 500gm	Condensed	Soap
UHT Milk Skim 1 litre		Chunky	Deodorant - roll on only
Fruit Juice 1 litre	PASTA SAUCES	Cup of Soup	Toothpaste
Fruit Juice poppers 6 pk	Tomato		Toothbrush
Cordial 1 litre	Creamy	SNACK FOODS	
Milo/Ovaltine	Asian	Sweet Biscuits	Laundry Detergent
Hot Chocolate	Indian	Savoury Crackers	
		Rice Crackers	Nappies
SPREADS	INSTANT FOOD	Muesli Bars	
Vegemite	Packet Pasta meals	Popcorn	Womens Sanitary Products
Peanut Butter	Packet Rice meals	Sultana packs	Incontinence Products for
Hazelnut Spread	Recipe Bases - pkt		Men & Women
Jam - Strawberry	2 minute noodles	SUGAR	
Jam - Raspberry	Cup Noodles	White 1 kg	FOR USE IN THE CENTRE
Jam - Apricot	Instant Mashed Potato	Raw Sugar 1kg	Manilla Folders - foolscap
			Post It Notes
SAUCES	RICE		Photo copy paper - white
Tomato	White rice 1 kg	VEGETABLES (Tinned)	Fold back clips
Barbecue	Brown Rice 1 kg	Beans	Paper clips
Soy	Rice cups	Peas	Sellotape
Worcestershire		Carrots	Postage Stamps (\$1.10)
		Corn Niblets	Envelopes